

# 7 Top Tips for Seniors Who Want to Downsize Stress-Free

If you are senior in an active-adult retirement community, we know that you consider moves at various stages of your life.

Whether you are caring for a partner whose health is failing, lost a loved one or want to downsize for another reason, we are here to help!

**We know it can be overwhelming so here are a few tips to help you get started as stress-free as possible:**

**1. Make a list of your options and the benefits of each.**

Do you want to downsize in the community, relocate near family or friends, move to independent/assisted living facilities, or something else?

**2. Communicate with close, trusted family-members about your potential move.**

How can they help you with the process?

**3. Consider what furnishings and household items you will need.**

What can you give to charity or discard?

**4. Meet with an expert in estate sales to see what you can expect from a potential sale.**

Will the estate sale company help you pack and what will they will do with the items not sold?

**5. Interview moving companies.**

What will the total costs be for all of the items you want to move?

**6. Have a home valuation done by an experienced REALTOR® in your area.**

What you will net from the sale? Ask the REALTOR® to provide a “net sheet” with the costs of selling your home so you are clear about these numbers.

**7. Evaluate any legal documents required for selling.**

What papers will you need? If a partner is deceased, you will need a certified copy of the death certificate for the Arizona title company. If the house is owned in a trust, you will need a copy of the trust. For documents signed by a power of attorney, you will need a copy.



*There is no reason why people who need assistance with the overwhelming task of moving should not have these resources to help them make good decisions.*

**This is a lot of information, but don't worry!** We have an established, senior-downsizing program and can take care of everything for you. In fact, we recently helped an 86-year-old man who lost his wife, had no family nearby to help and had no idea how to navigate a move.

**If you need help, or know someone who does, please share this information with them or feel free to contact us at The Kolb Team directly at (480) 440-0849 or [www.thekolbteam.com](http://www.thekolbteam.com).**